

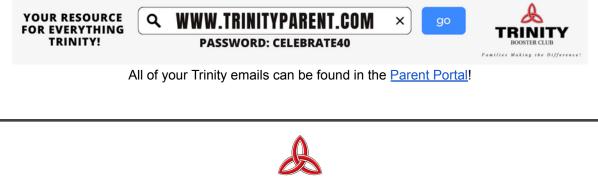
## **THE TRINITY TIMES**

October 2024

*"Craic" (/kræk/ KRACK), is a term for news, gossip, fun, entertainment, and enjoyable conversation, particularly prominent in Ireland.* So, what's the craic this month at Trinity?

In this issue: Pat Roche Wrap-Up, Winter Weekend, Trinity Wear Pre-Order Links, Great Brits Send-Offs, Team and Providence Photos and much more!

\*Did you know? ★ It's that time of year to double-check your <u>class calendars</u>, and save the dates below!! Questions? Your teachers and Location Mentors are excellent sources of information and guidance!



## Save the Date

10/26-27 Camp Lake (Teams) 11/2 Dillon Gavin Feis (IL Teams) 1/25-27 Winter Weekend





## County Update - October 2024

Congratulations on a successful Pat Roche Feis! Dancers showcased their hard work and passion. While the excitement can linger long after the event, taking time to reflect is crucial for personal growth and future success. Here are three tips on how to effectively reflect after a competition:

#### 1. Celebrate the Wins, Big or Small

Whether you placed or simply nailed a difficult step, it's important to acknowledge your accomplishments. Celebrate progress, no matter how small. This positive reinforcement builds confidence and helps you focus on what's going well in your dance journey.

#### 2. Identify Areas for Improvement

After a competition, review your performance videos or notes from your teacher. Were there areas where you could have been sharper? Did nerves get in the way of focus? Identifying areas for improvement helps set goals for your next competition and guides your practice sessions.

#### 3. Seek Feedback from Judges and Coaches

Constructive feedback is key to growth. Take time to review judges' comments or ask your coach for insights. Feedback provides valuable perspectives and can help you fine-tune your technique, posture, and stage presence for future competitions.

By reflecting thoughtfully after each competition, you'll not only improve your Irish dance skills

but also grow as a competitor and performer.





Dancers are encouraged to wear family friendly Halloween Costumes to class.

No Classes Halloween Thursday 10/31



Thank you to everyone who volunteered to make the Pat Roche Feis a great success.

Special thanks goes to our Feis chair, Beth Grady. She did an amazing job planning the Feis!

The Feis committee is listed below. We greatly appreciate their commitment to the event and their assistance with making the day run smoothly.

- Feis Coordinator •
- Treasurer •
- Hospitality •
- Awards
- Social Media
- Day of Setup/Volunteers
- Teacher Liaison
- Stages and Flooring •

We would also like to thank everyone who signed up and volunteered at a stage, awards and everywhere else:

- Joy Schleyer and Nicki Mahone Colleen Korzen Deirdre Kochuparambil Deirdre Kiely

  - Jeff Conway
- Meghan Roach

**Tricia McAdams** 

Bridget Sweeney Marino

- Vendors

- Megan Sulich

Brian Hartwig Jeff Conway Mike Roach Erica Minella Landon Kerwin Brian Hennessy Chris Mannion **Craig Schleyer** Erika Long Casey Bloomer Dan Vrbancic David Fawley Adrian Mannion Kate Santucci Erika Long Carie Lukes Natasha Stewart Erin Brown Liz Zent Meggie Heilman Nicole Anaya Mike Dorsey Matt Corcoran Lisa Sweeney Aileen Wright Bacon Rhiann Zulfer Vicki Boucher Annie Kelly

Kathleen Foley Karoline Boehm-Goodnich Meghan Coghlan Jen Sullivan Tiffany Campion Anne Marie Herlehy Eileen Murphy Juliette Zaehler Kathleen BarnesLogan Kavanaugh Christine Berbaum Alisa Kapusinski Karen Anderson Amy Pollack Katie Mooney Michelle O'Sullivan Scott Biba Nicole O'Toole Bridget Sharkey Bridget Sharkey Mike Roach Brian Hartwig Keith Lukes Manny Cortez Jeff Earl Mike Zent

Moira Simeti Beth McNamara Andrew Merrill Erin Brown Katie Moonev Bradley Ruhge Dion Morales Molly Owens Aurora Holder Karolynn Earl Kelly Bell Monica Cauble Jacqueline Kimble Michelle Wenborne Asha McRoberts Kate Dougherty Christy Watychowiecz Jennifer Davis Ruff Carin Smith Erin Robertshaw Susan Kennedy Amy Qualey Mason Monica Weiss Colleen Condon Jennie Hounshell Teresa Reid Audrey Helmke Jen Sullivan

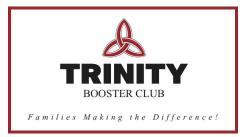
Carolyn Ruhge Caitlin Wenborne Aurora Holder Julie Siska Teana Stocco Lisa Ciarrachi Maja Pyykkonen Beth Cortez Katie Port Jackie Ruhge Michael McHugh Joe Pitterle Charlie Jackson Kate Stapley Vanessa Corley Sharon Lower Janey Sarther Tracy Kaempf Carrie Collins Jill Brkovich Megan Williams Monica Mikucki McKeen Breanna Garrett Tina Butera Sarah Strang Maloney Kathleen Barnes





Trinity's annual Winter Weekend event will be held at The Grand Geneva on scenic Geneva Lake, WI. For those families new to Trinity, Winter Weekend, hosted by the Trinity Booster Club, is a fun-filled, productive, informative weekend of activities where ALL Trinity families get together, outside of competitions. You'll meet families from all of our locations, learn a lot about Trinity and Irish dance, and have a whole lotta fun! There is something for everyone, from seasoned families to our brand-new families and everyone in between!

There is SO MUCH MORE - You won't want to miss this!!



# Team Trinity Pat Roche Wrap-Up

What a debut! We could not be more proud of our 25 Eight Hand and 14 Four Hand ceili teams that took the stage for their first competition of the 2024 season at the Pat Roche Feis! Navigating an early prep time, a new venue, raised stages, multiple adjudicators and so. many. photos, these 256 dancers gave it their all and learned so much along the way. We are looking forward to the progress each team makes over the coming six weeks as we move through the remainder of our season. Our focus moving forward will be on building confidence and mental and physical stamina. It takes so much mental focus to remember your team dances and perform them at your best, we know we can improve on our first try and make it better every time. Remember that there is no chance to practice on stage at the Oireachtas, so taking advantage of every chance to be in the competition environment and on a competitive stage is vital to each team's success.

Wisconsin teams turned right around the following week and completed their second feis at Beglan, and each one made marked improvement in their second outing. We had a great showing against several teams from other schools and got another chance on the big floors to gain confidence and experience. Illinois and Midway teams, you'll be hitting the stage again in a couple weeks at the Dillon-Gavin Championships back at Canlan sports. Another opportunity to see how we stack up against other schools and also how much we have grown in the interim.

Now our next big milestone is Camp Lake! We can't wait to "hit the beach" with our teams and have the most fun while we build team camaraderie and gain valuable focused practice time. Camp Lake is full of fun activities and learning moments, but it is also where we can get the teams on their own with little to no distractions from outside. The teachers love how much we get done at the Camp Lake practices and have been preparing our plans accordingly. We're hitting our home stretch now...keep up the hard work and enjoy these last weeks together!





Our Location mentors play a special role in providing information to their location families and working to create a sense of community at their location. The Shoe Bin coordinators are an important part of keeping everyone dancing by organizing and fitting pre-owned shoes. Hospitality speaks for itself - every location needs a party.

Our volunteers are such an important part of who we are. Thank you to all who help to make their location work.

#### Elmhurst

Location Mentor - Sunday - Rebecca VanDeCasteele <u>rvandy05@gmail.com</u> Location Mentor - Tuesday - Alexandra O'Donnell <u>aclark415@gmail.com</u> Young Families Mentor - Sunday - Catherine Moffo <u>cmoffo2015@gmail.com</u> Young Families Mentor - Tuesday - Meghan Collins <u>mcollins0502@gmail.com</u> Shoe bin - Mary Catherine Buckner <u>mchenry1979@yahoo.com</u> *Hospitality - OPEN* 

#### IAHC

Location Mentor - Whitney Orlow <u>whit.orlow@gmail.com</u> Young Family Mentor - Katie Krupa <u>katiemkrupa@gmail.com</u> Erika Tate <u>tate.erika@gmail.com</u> Shoe bin - Meghan Ochoa <u>megk515@yahoo.com</u> *Hospitality - OPEN* 

#### Lakeview

Location Mentor - Karolynn Earl <u>karolynn\_earl@email.com</u> Young Families Mentor - Meaghan Daly Stallkamp <u>daly.meg@gmail.com</u> Shoe bin - Carolyn Caponigri Newlin <u>carolynmcaponigri@yahoo.com</u> *Hospitality - OPEN* 

#### Palatine

Location Mentor - Denise Baker <u>snarf1477@yahoo.com</u> Young Family Mentor - Stacy Golden <u>sbogle@gmail.com</u> & Mary Johnston <u>danmaryjohnston.203@gmail.com</u> Shoe bin - Carie Lukes <u>carielukes@gmail.com</u>

#### Hospitality - Carie Lukes

#### Western Springs

Location Mentor - Neive Hanak <u>neive.hanak@gmail.com</u> Young Families Mentor - Caitlin Laga <u>laga.caitlin@gmail.com</u> Shoe bin - Megan Darcy <u>mscobey@gmail.com</u> Hospitality - Maria Cotter <u>cotter.parents1027@gmail.com</u>

#### Milwaukee: Elm Grove

Location Mentor - Terri Maloney <u>teresa.maloney00@gmail.com</u> Young Family Mentor - Sunday- Jackie Ruhge <u>jackie.ruhge@gmai.com</u> Erin Griffith - Monday- <u>erinkoller@hotmail.com</u> Shoe bin - Megan Krell <u>trinitymegankrell@gmail.com</u> *Hospitality - OPEN* 

#### Madison: Waunakee

Co-Mentors: Annie Kelly <u>ichiban.kelly@gmail.com</u> Kate Dougherty <u>cdougherty1@edgewood.edu</u> Carrie Bresette <u>Bresettefamily@outlook.com</u> Katie Port <u>katieport2018@gmail.com</u> Shoe bin - Maia Ouderkirk <u>ouderkirkm@gmail.com</u> Costume Liaison - Dori Christenson <u>purplespeck3@yahoo.com</u> Young Families Mentor - Carrie Bresette Hospitality - Carrie Bresette, Katie Port, Tricia Conohan <u>tricia.conohan@gmail.com</u>

\*\* If anyone is interested in taking on a leadership role at their location, please reach out to Anne Leonard (<u>anne@trinityirishdance.com</u>).



## **TPT Registration**

Dance in shows for St. Patrick's Day - TPT Registration is NOW OPEN! Register by November 20th.

Everything you need to know about this year's season is in the <u>2025 TPT Program Information</u>, including information about TPT levels, class schedules, registration info, and important dates!

Be a part of the Trinity performance magic - **REGISTER TODAY!** 



## **2024 Booster Club Membership Renewals**

Thank you to all who have renewed your membership to the Booster Club. Membership renewals were due on September 1st. Please check your membership level and make sure it matches with your highest level dancer.

To learn more about the Booster Club, refer to our \*updated\* membership letter:

2024/2025 TBC Membership Letter

**NOTE:** We listened to your feedback and have made additional adjustments to the volunteer points program.



## **Upcoming Feiseanna Conflicts**

Upcoming Feiseanna Trinity dancers should enter:

11/2/24	Dillon Gavin Championships	
11/3/24	Chicago Autumn Feis (if not on Oireachtas teams)	
Feis Conflict	s Trinity cannot enter:	
11/03/24	Lenihan Feis	Stratford, CT
11/16/24	Minnesota State Championships	Minneapolis, MN
11/17/24	St. Paul Autumn Feis	Minneapolis, MN

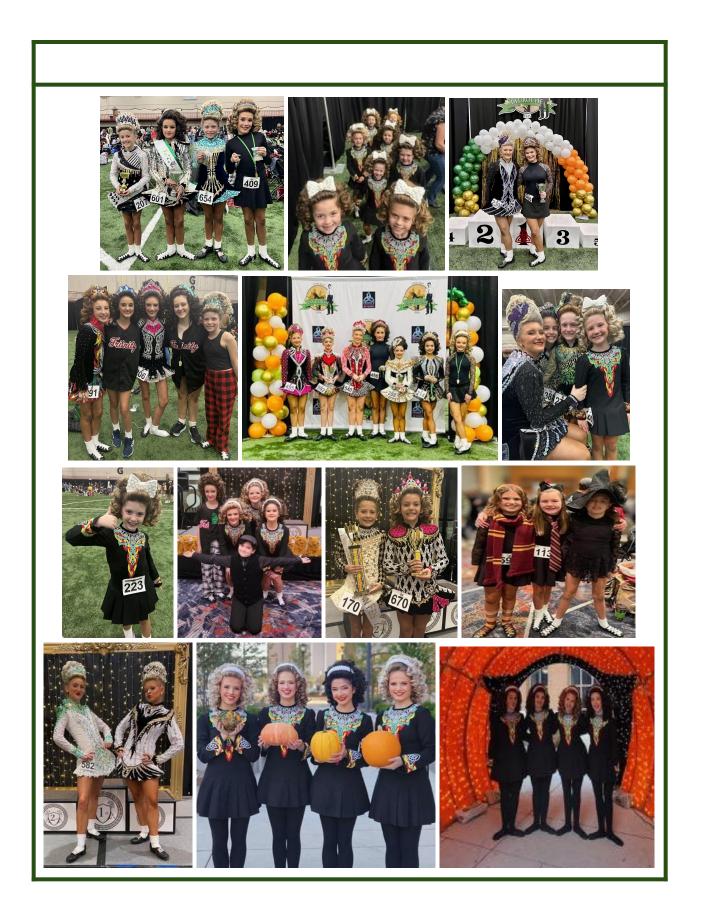


## **Province Update October 2024**

Congratulations to everyone on working hard and putting your best self out there these past three weekends. Province dancers have been hard at work preparing for these past three weekends of feiseanna and we were so proud of each and every dancer. We are pleased with the training thus far. We are in the middle of our fall training and still have 6 weeks to go before the big regional championships. Dancers need to be putting in the tedious detailed work at home as well as everyday stretching and conditioning.

The practice notebooks we started using this season have been very helpful. If you haven't started using a notebook, start now! It is very useful to stay on track and to keep you focused on your goals. They are used to record weekly and daily goals, put notes from class in it, write reflective journals from competitions or dance classes, use it to log your competition day schedule and what / when you want to eat.

We are 2.5 weeks away from the Dillon Gavin Feis so set your goals and write down your action steps to put on your best performance. Double check your registration for the Dillion Gavin feis.







## **Great Britain Championships 2024**

Congratulatoins to our dancers who competed at the Great Britain Championships this past week.

We could not be more excited and proud of all these dancers! Last week, we made sure to celebrate them all with send off parties in Madison, Milwaukee and Chicago. Thank you to all who organized these lovely gestures.

These dancers started their training mid summer to be ready for the international stage! We can't wait to see them sparkle and shine!

We love you Eden, Keira, Tessa, Elliana, Madison, Maija, Sophia, Kaitlyn, Aubrey, Noelle, and Connor.





#### \*\*\* Save the date - the Ensemble audition will be January 18th, 2025! \*\*\*

Information about the 2025 Ensemble Program will be sent out in October. Dancers who will be eligible to audition for Ensemble include:

**1.** Dancers must be born in 2011 (U14 as of January 1, 2025) or older AND be enrolled in the Waterford/Wexford/Wicklow class OR the Province Program.

**2**. Dancers must be enrolled and participate in TPT as a Trinity Gold dancer for the upcoming performance season.



Jerseys and Fleeces are open for PRE-ORDER!

<u>Personalized Jerseys</u>: Just in time for holiday gifting! These make a great layer, perfect for competition since they're button down, or for families to show their team Trinity spirit! <u>https://trinitybaseball25.itemorder.com/shop/home/</u>

- Order window closes 11/24.
- Orders will be picked up approximately 3 weeks later by Trinity and delivered to home studios!

*<u>Fleeces</u>*: The perfect layer for that St. Patrick's Day parade look!

- Order window closes 12/1 at midnight
- Orders will be picked up by me in January, and will be available for pick up at Winter Weekend, or will be delivered to home studios after WW.

https://trinityfleece.itemorder.com/shop/sale/

Note: wondering when you'll receive your order!! The top of your email receipt after your purchase will have the order details!







### **Trinity Academy of Irish Dance**

www.trinityirishdance.com

877-326-2328  $\cdot$  info@trinityirishdance.com

